RACHEL DUFFELL
Rachel is a Hong Kong-based freelance editor, writer and project manager with extensive experience working in custom publishing, content marketing and digital and social media. She has worked on a number of lifestyle magazines covering subjects from travel and dining to design, art, adventure, entertainment, culture and fashion. For AMBROSIA, she discovers how Chefs use their own gardens to deliver plant to plate cooking, the culinary secrets of longevity, and what’s hot on the alcohol-free drinks list.

ANNA CUMMINS
A Brummie by name and Hongkonger by nature, Anna is a freelance lifestyle writer and editor who finds this a perfect excuse to be as nosy as possible, all the time. Specialist subjects include negronis, 90s B-sides and chilli sauce. For AMBROSIA she goes beyond the meat alternatives, and speaks to the people who are producing new food and drink products in the lab.

MELISSA TWIGG
Melissa Twigg is a fashion, travel and lifestyle journalist now living in London and getting over a bad case of geographical commitment phobia. She writes regularly for the Times, the Telegraph, the BBC, Vogue and Grazia and is working on her first novel. For AMBROSIA, she looks at the future of food, and how restauranteurs and bar owners are becoming and staying innovative during a global crisis.