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Test kitchen

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CONTRIBUTORS

RACHEL READ
A Hong Kong-based writer with more than a decade’s experience, Rachel has contributed to Hong Kong Tatler, South China Morning Post and Junior magazine and she runs lifestyle blog Through The Looking Glass, giving her the perfect excuse to visit the best restaurants and spas in town. In this issue of AMBROSIA, Rachel explores how time can improve the taste of meat.

JULIANA LOH
Juliana is a writer based in Singapore and has contributed to South China Morning Post, Sawan and Lonely Planet. She is an expert in Asian cuisine and the culinary adventures include annual Michaelusted trips across Europe. In this issue, she investigates the global trends in sensory dining.

RACHEL DUFFELL
Hailing from the bookish north of England, Rachel specialises in reportage and features photography, writing gloriously many accomplished architects, designers and decorators. For AMBROSIA, she focuses on this celebrated trio of Roca brothers of Spain – the dynamic trio behind El Celler de Can Roca. Currently, she is the world’s most acclaimed restaurant.

JADE LEE-DUFFY
Canadian Jade has lived in Hong Kong for more than 10 years, writing about food, fashion, home decor and culture, and she was previously an editor for the South China Morning Post, Silenced City Life and Privé Asia. Jade has loved cooking and discovering new ingredients since childhood. In this issue, she embraces the many joys of spicy chilli pepper.

KATE WHITEHEAD
Author of two Hong Kong-based crime novels, Kate is former editor of Cathay Pacific’s inflight magazine, Discovery. As a freelance journalist, she contributes to international media outlets such as BBC Travel, Forbes, Time and Travel + Leisure. In this issue, Kate discovers how the Roca brothers’ unbridled creativity has contributed to El Celler de Can Roca’s success. She also explores the influence of chilli peppers in contemporary international cuisine.

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