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INTERNATIONAL CULINARY INSTITUTE

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RACHEL READ

A Hong Kong-based writer with more than a decade’s experience, Rachel has contributed to Hong Kong Tatler, SilkChin Morning Post and Jetstar magazine and she runs WeMetByLooking Through The Looking Glasses, giving her the perfect excuse to visit the best restaurants and shops in town. In this issue of AMBROSIA, Rachel explores how time can improve the taste of meat.

Edgar Tapan

both more than 20 years of experience. Edgar specialises in playful and intense photography, working alongside many accomplished chefs, designers and decorators. For AMBROSIA, he focuses on the celebrated Roca brothers of Spain - the dynamic trio behind El Celler de Can Roca, currently the world’s most acclaimed restaurant.

Juliana Loh

Juliana is a veteran based in Hong Kong, and she has contributed to South China Morning Post, Savour and Lonely Planet. A former journalist at Macau’s Macau Magazine, she is now a freelance writer and editor. She enjoys exploring different cultures and cuisines, and loves the creative opportunities her work offers. In this issue, Juliana explores Nordic cuisine, which is making its mark in her adopted city.

Rachael Duffell

Hong Kong-based journalist and editor. Rachael writes about food, fashion, art and lifestyle, and most of all she loves to travel. Having run her own fashion blog, Rachael has been writing about travel for more than 10 years, and her work has appeared in numerous publications across Europe. In this issue, Rachael explores the world of spices, and how they can transform any dish.

Kate Whitehead

Author of two Hong Kong-inspired crime novels, Kate is former editor of Cathay Pacific's inflight magazine, Discovery. As a freelance journalist, she contributes to international media outlets such as BBC Travel, Forbes, Time and Travel + Leisure. In this issue, Kate discovers how the Roca brothers’ unbridled creativity has contributed to El Celler de Can Roca’s success.

Jade Lee-Duffy

Canadian Jade has lived in Beijing for more than 10 years, writing about food, fashion, home decor and culture, and she was previously an editor for the South China Morning Post, Silenced City Life and Priv Asia. Jade has loved cooking and discovering new ingredients since childhood. In this issue, she embraces the many joys of spicy chilli peppers.

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Caterpillar: Creative Kitchen

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